

Focus on God

Two friends were meeting after a very trying and tempting day. One of them remarked to the other: "It's terribly hard to trust that God is with us in the dark passages of life." "Well," said the other, "if we can't trust a person out of our sight, our relationship isn't worth much. If we can't trust God in the dark, it shows we don't trust God at all."

Kairos timing is God's time. It doesn't coincide with our secular calendar. Reaping and sowing God's harvest does not depend on the seasons or the weather. Yet, in a culture that is obsessed with instant accumulation and punctuality, it is sometimes difficult to remember that God's time is different.

Chronos timing is human time. In our society, it is the completion of the goal that matters. Our cultural mores, and sometimes even our laws, establish when we should accomplish certain goals. But God cares about how we get through the trials of everyday life. God cares about us being faithful in our daily walk.

Trust and faith in God come from experience. One day builds upon another. There is no better place and time to trust God than in the circumstances we find ourselves now. And if we really trust, we won't impose our schedule on God.

We can learn much from dancers. As dancers move or twirl across the floor, they spot themselves. This means that they keep their eyes on one spot. Around them, things change quickly but they don't become dizzy or lose their path- because they focus on one steady spot.

In life, we often get lost or become disoriented by the speed at which life is spinning around us. If we keep our eyes on God, we have a better chance at maintaining our God-given path. As we look towards and focus on God, life can whirl around us- without us becoming dizzy. And when we fall down, God is there to pick us back up.

As mature Christians, we are to take an active role in our faith. Spending time with God is critical. Prayer, Bible Study, Worship, and other Spiritual Disciplines help us to keep our focus on God. With our hearts and minds always looking toward God, we shouldn't stray far from the path God envisions for us. And when we do, we can trust that God is still with us- helping us to envision where we should be.

Life is never an easy journey. Even those born with the proverbial 'silver spoon in their mouth' have trials. Indeed, our Bible says, 'to whom much is given, much is expected' (Luke 12:48). But God always has our best interest in mind. When we look to God to live the life God envisions for us, God works in mysterious ways to accomplish in God's time what is needed for our greater good.

Thank you to everyone who supported our Peach Social.

It was a big success! Without the help of Ed and Sharon Bey we could not have successfully done what we did.

Thank you Ed and Sharon!

We raised \$692.00 toward our church.

See you next year.

On-Line Donations—Do you pay your bills on-line?

Consider adding your monthly church donation to that list.

Donations to the church can be set up as recurring transactions.

Checks are mailed from the bank to the church and clearly indicate the donor.

We are now Live Streaming to You Tube on 10 am on Sunday morning. www.youtube.com

in the box up on the top put in St. Paul's Attica or here is the direct link

<https://www.youtube.com/channel/UCi2hK62nkmeNAMJwMpchvJw>.

It will be also posted to Facebook after the broadcast.

Looking for volunteers to learn and do the sound on a Sunday am. This can be done right at your seat. There is a sample bulletin for you to follow. This the easiest way to help without much training.



Pray for our Shut-ins



Carol Shreder

Larry Taylor

Bev West

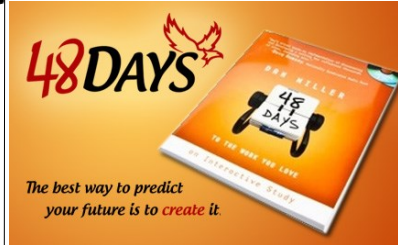
Chuck Kellogg

...and others who are physically unable to join us.

Why not call or visit, to let them know they are missed?



Want to get your finances in order?
Lisa and Justin would like to have another
David Ramsey program this fall.



If you are interested—
let them know.

A proven way to break
bad money habits.



Attica Food Link Distribution:

Food Pantry parking lot
September 6th
10am-12pm

—1st come 1st served , Bring your own bags
This will be for the next six month period.
Sponsored by Attica Food Pantry

Happy 160th Anniversary St. Paul's U.C.C.

Bible Studies

Dig Deeper with Friends



Bible Study groups will meet in our respective areas.
If you have additional questions or concerns,
contact the Convener:

Lisa Knerr- Mon. evenings
will begin **September 11th**
Charles- Wed. mornings
will begin **September 13th**

Sunday Bible readings:

The first reading is *italicized*; the message text is **bold**.

September 3

Matthew 16.21-28

Romans 12.9-21

September 24 cont'd

Matthew 20:1-16

Philippians 1:21-30

September 10

Romans 13:8,11-14

Psalms 149.1-4

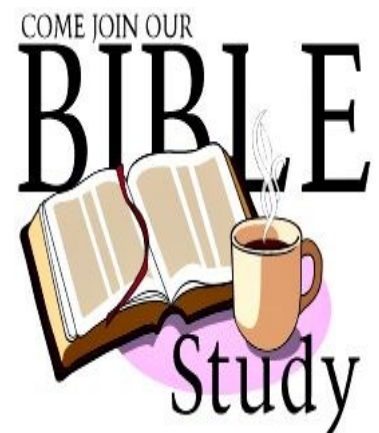
September 17

Romans 14.1-13

Matthew 18.21-22

September 24

Exodus 16:2-15 and
Psalm 105:1-6,37-45 or
Jonah 3:10-4:11 and
Psalm 145:1-8 plus



Answer to the Question from Pastor Hope Harle-Mould

Direct support checks can be made out to Phebian Abdulai, 397 Ideal Street, Buffalo NY 14206. She is planning to use new funds for school supplies and backpacks for the new school they are starting at her (Ebola) orphanage if 150 kids in Koidu Town in Kono, where her first and biggest clinic is. She also lives there 8 or 9 months of the year. But she will be here this year till Christmas.

Monthly gifts can be made through Jericho Road Community Health Center, 184 Barton Street., Buffalo NY 14213 and designate Global Work—Sierra Leone. Thanks for inviting me. Peace

SAVE THE DATE:

September 10th—following worship
Rally Day Picnic

Hotdogs, Hamburgs, rolls & drinks will be supplied.
bring a dish to share



Rally Day/ Backpack Blessing



Rally Day is September 10. We'll begin in worship and install this year's Sunday School Teachers. One of our youth will receive a Third Grade Bible. **Students- Bring your Backpacks to worship, so we can bless them and you for this next school year!** Students and Teachers will depart for an abbreviated time of Sunday School.

50-Year Member Celebration- October 1

On October 1, we will be celebrating the commitment of our members who joined St. Paul's UCC in 1973. We currently have Karen Beideck, Laurie Bellucci, and Jean Wirth on the list. If you believe you are a 50-year member or if you know of someone who should be included, please let us know.



Bible Study to Resume

Monday evening Bible Study will resume on September 11 at 7pm in the Lounge.

Wednesday Bible Study will resume on September 13 at 10am in the Multi-Purpose Room.

If you have additional questions or concerns, contact the Conveners:



Lisa Knerr- Monday evening, Charles Williman- Wednesday morning.

SCHOOL ACHIEVEMENTS – 3RD QUARTER

MERIT ROLL

12th Grade –
Emily Lovell



HONOR ROLL

8th Grade -
Joshua Kipfer

10th Grade—
Emily Peters
Stephanie Silvernail

11th Grade—
Margaret Baker
Anna Hopfinger

12th Grade-
Alyssa Jacoby
Benjamin Kipfer
Lauren West

COLLEGE NEWS:

Jimmy Neary Named to SUNY Potsdam President's List

Jimmy Neary of Potsdam, NY, was recently named to the President's List at The State University of New York at Potsdam.

Neary, whose major is Biology, was among 716 SUNY Potsdam student who were honored for academic excellence in the Spring 2023 semester. President Suzanne Smith recognized the students for earning top marks. To achieve the honor of being on the President's List, each student must have satisfactorily completed 12 numerically-graded semester hours, with a grade point average of 3.5 or higher.





Peach Social 2023



Pike Fair Highlights
2023
Vicki and Stephanie





September Parish Nurse Notes

September the 9th month of the year; the beginning of the ecclesiastical year in the Eastern Orthodox Church; the start of the academic year; and beginning of the meteorological autumn.

As students return to school and we get back to post summer routines, we need to form some new routines for our health and well being. Check your vaccination record- it may be time for updated vaccinations. Remember to schedule your flu shot, COVID booster and possibly pneumonia vaccine.

Make some plans for some changes- be mindful of your surroundings. Avoid doing other tasks while eating to help you be a more mindful eater..Also helps you focus on your food and enjoy food more.

Move your way- if you get bored with an activity, enter yourself into a fitness challenge. Try different ways to get and stay active which helps improve your physical and mental health.

Sleep is so important to our wellbeing. If you have trouble sleeping due to nighttime noise, use a fan, earplugs or white noise to block out distractions. Adequate sleep helps us get refreshed and improves energy.

September is National Preparedness Month. Make a plan with your family for emergencies. Have an escape route planned, a meeting place and emergency kit. Extra batteries, water and flashlights are important. Keep your cellphone charged, make sure your gas tank is at least 1/2 full. Check your car tires, fluid levels and oil.

September is also Prostate Cancer Awareness Month. Stress the importance to the men in your life to get a prostate exam. Prostate cancer is most common in older men- about 1 in 5 men will be diagnosed with this cancer. The most common symptoms are frequent urination at night, difficulty urinating, leaking, any bloody urine. Prostate cancer can be effectively treated when discovered early.

Important days in September- September 4th- Labor Day. Labor Day celebrates the men and women who campaigned for workers' rights in the late 19th century. This has led to safe work conditions, 40 hr work week, paid time off and sick leave. While we enjoy another holiday, pause to remember the sacrifices early workers made and celebrate the strength of the American worker.

Sep 11th- Patriot Day- a day to remember the people killed on 9/11/2001. As of October 25, 2001 the day has been proclaimed to be the National Day of Prayer and Remembrance .

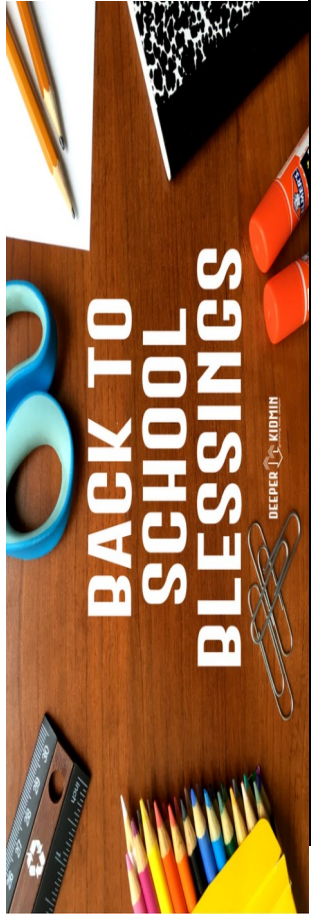
“ Nothing is impossible. The word itself says I'm possible”- Audrey Hepburn



**Take Control of Your
Money with
Financial Peace
University**

Please contact Lisa Neary (585-766-5966)
or Justin Kipfer (585-746-2738)

if you are interested in Ramsey Solution's
Financial Peace classes.



SEPTEMBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
3 Worship & Communion 10 am	4 Labor Day Office Closed	5	6 Food Link	7 <i>Marie Lone</i> <i>Rick Storch</i> <i>Nicole & Marty</i> <i>Breedlove</i>	8	9
10 Worship 10 am Rally Day- bring Backpacks, Church Picnic <i>Diane Storch</i>	11 Bible Study 7pm <i>Keone Brandon</i>	12	13 Bible Study 10 am	14 Sisters In Faith 6pm Chancel Choir 7:15pm	15 <i>Christine Kipfer</i> <i>Maxine Carter</i>	16
17 Worship 10 am Newsletter Deadline <i>Kabryn McPherson</i>	18	19 Deacons/Trustees 6:30p/Council 7p	20	21	22	23 First day of Autumn <i>Michael Brazis</i>
24 Worship 10 am	25	26 Office Closed due to vacations	27	28 <i>Mano Ripstein</i>	29	30

St. Paul's United Church of Christ
11 Washington Street
Attica, NY 14011

SP The Spirit

of St. Paul's United Church of Christ, Village

September 2023

St. Paul's UCC, 11 Washington Street

Just around the corner, first block down from Main Street.

Join us for Sunday Worship at 10:00 am

Sunday School for children K-7th Grade - Nursery always open!

"No matter who you are or where you are on life's journey, you are welcome at St. Paul's."

Reverend Lauran Heidenreich

Call the church at (585-591-2705), stpaulunited@verizon.net or pastorucc@verizon.net

Website: atticaucc.org

October Newsletter Deadline
September 17th

Please make sure all newsletter submissions are in by this date. In the pink folder on the office window or e-mailed to:
stpaulunited@verizon.net