



### Bringing in the May

Many of the earliest references to May Day are ambiguous. Those which give details nearly always refer to the practice of going out into the countryside to gather flowers and greenery. These were used to decorate private houses and public buildings in order to welcome in Spring.

In Europe, young people cut down a tree, lopped off all of the branches except for a few at the top, and then wrapped it in violets. At sunrise, they carried it into town accompanied by the music of horns and flutes. Dancing around the Maypole tree often ensued.

Another May Day celebration, which is still carried out in parts of the Midwest, is the hanging of May baskets on doorknobs. Small baskets of sweets and/or flowers are usually left anonymously at doorsteps. Friends and neighbors discover the basket and enjoy the treats while wondering about who the benefactor might be.

Current Christians can learn from these May Day traditions. We are called to bring the joy of Christ into the secular environment in which the church exists. As the hands of Christ, we reach out to bless others. During the month of May, we can also institute some new way(s) of 'bringing in the May'.

May we converse with God by studying the Word consistently and joyfully. May we sense a clear call and bring high energy to our ministry. May we build consensus around the congregation's call to organize its life around those who aren't yet disciples. May we share with our neighbors the story of how Christ makes a difference in our lives.

May we articulate a vision consistent with Scripture and the gifts of our congregation. May we build trust with others by being a grace-full and loving friend. May we listen attentively and sensitively before we attempt to share our own convictions. May we empower others to participate significantly in ministry in roles appropriate to their gifts and calling. May we set aside meaningful time to develop relationships with individuals who are unchurched.

May we take risks for the sake of transforming the church or the individual to greater faithfulness to God. May we embrace teaching as the primary way to equip our ministry and nurture new disciples. May we bring a personal energy and faith conviction to the roles we fill in the worship experience. May we maintain healthy emotional boundaries.

May the peace of Christ be within us. May the Holy Spirit surround us and inspire us. May we protect Creation as we bless those around us. May we celebrate the merry, merry month of May with God in our midst. May we 'bring in the May' as we further God's Reign. Godspeed!

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Has God been whispering to you about being a Lay Leader?

Join with the Confirmands in a training session on May 14 in the sanctuary after worship.

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### Annual Meeting of the New York Conference- June 16-17, 2022

Gather at Niagara Falls Convention Center for "Better Together: One Body in Christ" Scripture:

1 Corinthians 12:14. St. Paul's UCC may send two delegates.

If you're interested, please contact Pastor Laurie.

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On-Line Donations—Do you pay your bills on-line?

Consider adding your monthly church donation to that list.

Donations to the church can be set up as recurring transactions.

Checks are mailed from the bank to the church and clearly indicate the donor.

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We are now Live Streaming to You Tube on 10 am on Sunday morning. [www.youtube.com](http://www.youtube.com)

in the box up on the top put in St. Paul's Attica or here is the direct link

<https://www.youtube.com/channel/UCi2hK62nkmeNAMJwMpchvJw>.

It will be also posted to Facebook after the broadcast.

Looking for volunteers to learn and do the sound on a Sunday am. This can be done right at your seat. There is a sample bulletin for you to follow. This the easiest way to help without much training.



## Pray for our Shut-ins



Carol Shreder

Larry Taylor

Bev West

Chuck Kellogg

...and others who are physically unable to join us.

Why not call or visit, to let them know they are missed?



## The Sundays in June

June 4th—Confirmation Sunday

June 11th—Music Sunday

June 18th—Father's day/Newsletter deadline

June 25th—Graduation Sunday

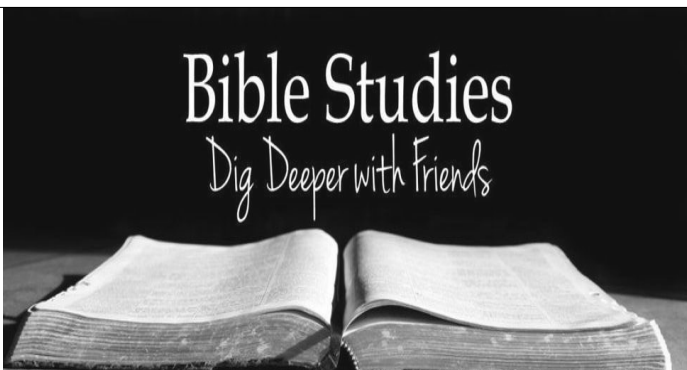


### Attica Food Link Distribution:

Attica Presbyterian Church  
May 3  
10am-12pm

—1st come 1st served , Bring your own bags  
This will be for the next six month period.  
Sponsored by Attica Food Pantry

We want to continue to keep our congregation healthy. If you have been exposed to a suspected or confirmed case of Covid, please stay home and worship with St Paul's virtually for 2 weeks. If you are having any cold/flu/rsv symptoms please stay home. As always our policies may change as local and state guidances change.



Bible Study groups will meet in our respective areas. If you have additional questions or concerns, contact the Convener:

Lisa Knerr- Mon. evening,  
Charles- Wed. morning

### Sunday Bible readings:

The first reading is *italicized*; the message text is **bold**.

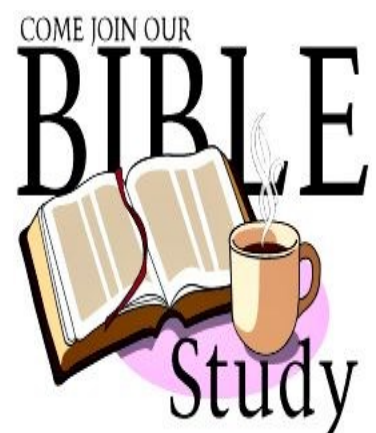
May 7  
**Acts 6.8-7.2a,51-60**  
*John 14.1,11-12*

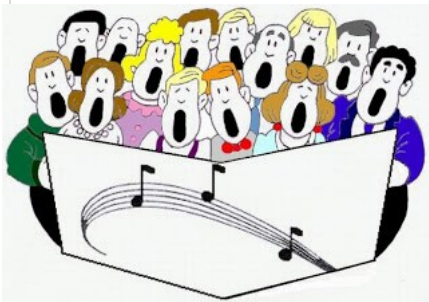
May 14  
**John 14.15-20**  
*1 Peter 3:13-18*

May 21  
**Acts 1:6-14**  
*John 17:1-11*

May 28  
**Acts 2.1-8,12-21**  
*Psalms 104:24-34*

*Happy 160th Anniversary*  
*St. Paul's*





### Hymn Suggestions for Music Sunday, June 11

Start considering what favorite hymns you'd like to sing on Music Sunday. Write them down and either put them in the offering plate or give them to Pastor Laurie. You can also email your selection. Thank you!

SAVE THE DATE:  
June 11th  
St. Paul's Church Picnic  
following worship

BBQ Pork sandwiches,  
Hotdogs, Hamburgs, rolls will be supplied  
Bring a dish to share



WESTERN AREA YOUTH MISSION TRIP  
July 17-23  
Massena, New York

If interested, contact Pastor Laurie



### Blanket Sunday- May 14

For over 75 years, Church World Service has been helping people of faith bring God's hope and healing to people in the U.S. and around the world who were impacted by hurricanes, tornadoes, flooding, and other crises including homelessness and poverty. Look for your donation envelope in this newsletter. Bring it with you to church on Mother's Day.



### CPR Class

Congratulations to our membership on being certified in "High Quality CPR"

A total of eleven (11) people attended the CPR class. Thank you to all who are now certified.



# *EASTER FLOWERS*

## ***In Honor of:***

Family  
My Family  
Lena & Aubrey, Emma & Anna  
Janet Paine,  
Maddie & Hudson, Tyler, Haley & Ella Phillips  
Michael Hughes  
Family members  
Mom/Nana  
Florence Williman, Jen Eddy & Marie Lowe  
My Family & St. Paul's  
Bev West & Larry Taylor  
Family

## ***From:***

Edie Almeter  
Laurie Bellucci  
Ruth Hopfinger  
  
Linda Paine Hughes  
Chuck & Dorothy Kellogg  
Michele & Emily Lovell  
Marie Lowe  
Lisa Neary  
Mike & Mary West  
Marilyn Wilson

## ***In Memory of:***

Kathy  
Larry, Mom & Dad, & Grandma Youngs  
Jason Henskee (my son)  
Mom & Dad  
Marie Taylor & Dorcas Taylor  
Marie Taylor, John West  
Family  
Family members

## ***From:***

Joe & Elaine Amedick  
Laurie Bellucci  
Diane Carter  
Lisa Neary  
Larry Taylor  
Mike & Mary Taylor  
Marilyn Wilson  
Lorraine Wolf

Flowers also given to enhance sanctuary:  
The Bakers

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## GRADUATES

Graduation Sunday is June 25th. If you have someone in your family graduating from High School or college, Please email the following information (along with a picture if possible) no later than June 18th. The information will be in the July/August newsletter.

Name of graduate:

School attended/degree received:

Honors/Awards/Scholarships received:

Name of college they will be attending and major/future plans:



# CHURCH COUNCIL

March 21, 2023

Meeting called to order at 7:06 p.m. by Mary West.  
Present: David Williman, Pastor Laurie, Marilyn Wilson, John Brandon, Tom Baker, Marie Lowe, Laurie Bellucci, Lisa Neary, Chris Eddy, Lorraine Wolf, and Mary West  
Absent: Deb Best

Pastor Laurie led us in prayer.

A motion to accept the agenda and February 2023 minutes was made by Marie Lowe, seconded by Lorraine Wolf, passed.

Reports:

Deacons – Discussed supply minister dates. Deacons will lead the June 18<sup>th</sup> and Dec 31<sup>st</sup> services and we talked about what those services will consist of and what parts each of us will play. Discussed lay readers, ushers, and greeters.

Trustees – The back door is temporarily fixed again but we are looking for parts. Getting bids on the parking lot but first we will get a plumber to snake the drains out.

Treasurer's report -reviewed and discussed.

Christian Ed – Met the beginning of March to wrap the baskets for the pancake breakfast. They raised \$525.00. Discussed heifer but have not made final decision on that. The Christian Ed budget line will be used because they have six kids signed up for camp. Planned the Easter egg hunt. Positions – Chris Kipfer is the Christian Ed lead and Susan will take over Pre-School.

Pastor's Report –Please keep Kathy and Larry Abend-schein in your prayers.

A motion to accept all reports was made by Laurie Bellucci, seconded by David Williman, passed.

Business:

Pancake Breakfast – we raised #360.00. A motion was made by Marie Lowe to get yard signs to advertise the pancake breakfast and sauerkraut supper, seconded by Tom Baker, discussion – Dave will get prices and bring back information to the next meeting. Discussed having a specific date in the future and donations for syrup.

Sauerkraut Supper – David Williman will be the chair-person and will determine his committee later.

By-Laws committee – Laurie, Marie, and David – the number of people on committees is the only thing that may need changing. Considering adding a line as a clause or addendum saying if any position cannot be filled, the committee can still function.

Picnic in June – June 4<sup>th</sup> is confirmation, June 11 is music Sunday, June 18 is Father's Day and June 25 is graduation Sunday, so the best date for our picnic is June 11<sup>th</sup>. Church Council will buy rolls, hot dogs, and hamburgers. Everyone else can bring a dish to pass.

Pictorial – 76 pictures were taken. An announcement will be made over Easter – if you have not had your picture taken, make an appointment to get it if you would like to be in the Pictorial. The end date for getting pictures taken will be the last Sunday in June.

Sharon Davis bequeathed the church \$5,000.

CPR Class – there are fourteen people signed up. Jeff said they might need two classes. The dates will be on the screens.

John Brandon followed up from last month. What would Jesus do? A Questionnaire was passed out to all of council.

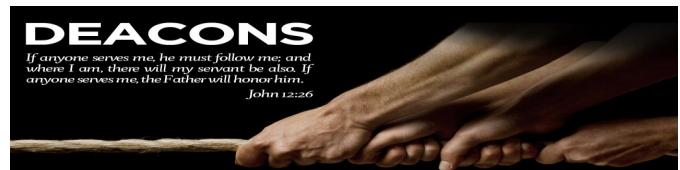
The counting schedule was passed around.

Flowers – 3 Easter lilies were purchased for the alter. Discussed using the church's budget to supplement.

The emergency call list was passed out to everyone.

Next meeting will be April 18, 2023. Laurie Bellucci made a motion to adjourn the meeting, seconded by Marie Lowe, passed. Meeting adjourned at 8:22 p.m. with Pastor Laurie leading us in the Lord's Prayer.

Respectfully submitted, Lisa Neary, Council Secretary



March 21, 2023

Members Present: Laurie Bellucci, Lisa Neary, Marilyn Wilson, Mary West, John Brandon, Lorraine Wolf and Pastor Laurie.

Meeting called to order at 6:32 p.m.

Pastor Laurie led us in prayer.

Agenda reviewed and motion made to accept by Mary West and seconded by Marilyn Wilson. Motion carried.

February minutes reviewed and motion made to accept by John Brandon and seconded by Lisa Neary. Motion carried.

OLD BUSINESS

Reviewed Pulpit fill in dates and were advised all dates have been filled except June 18<sup>th</sup> and December 31<sup>st</sup>. Deacons will be responsible for service those dates. Discussion held regarding these two services.

NEW BUSINESS

Reviewed Lay Readers, Ushers and Greeters for upcoming months.

Reviewed Ushers duties during service.

Meeting adjourned at 6:55 p.m. with Lord's Prayer.

Next meeting April 18, 2023.

Respectfully submitted,

Lorraine Wolf, Deacons Secretary



## May Parish Nurse Notes

May is the start of spring and regrowth. Use this month for a few suggestions to help improve your health. Listen with compassion. Say things like “ I’m here for you” and “ Tell me more”. Enjoy interactions with people and listen to what they say. Keep yourself moving and active- strengthen relationships and stay motivated by having an exercise buddy. Change up the sweeteners you use- try natural sweeteners like vanilla and cinnamon in your coffee, yogurt or cereal. Improve your sleep habits- dim the lights in your home 2 hours before bedtime.

May is Mental Health Month. Mental health is an important part of overall health and wellbeing. It affects how we think and feel, handle stress, relate to others and make healthy choices. 1 in 5 adults experience mental health issues each year. 1 in 6 young adults (6-17) experience mental health disorder. Suicide is the 2nd leading cause of death among 10-14 year olds. Some signs to watch for- feeling down for a couple weeks, lack of interest in activities formerly enjoyed, change in eating and sleeping habits, changes in mood or behavior, and/or irrational thoughts or actions. But it can require more than self care to stay mentally well. Taking the first steps towards getting help with a mental health challenge are often the toughest ones to take- letting others know how you feel and asking for help. Start by sharing concerns with a trusted family member or friend. Consider talking to a professional to find the care you need to feel better. There are many forms of treatments available. Ask your health care provider or contact your county mental health department.

Physical fitness & sports month also is recognized in May. Physical fitness is important to overall health. It doesn't have to be strenuous. All you need to do is get moving. Even a small amount of daily activity is beneficial to overall health. Try to walk a little more each day; even if just around the house. Get up and stretch and walk every couple hours. If you want to have a more intense program, make sure you check with your health care provider for any limitations. We honor important people in May. Mothers have a special day to acknowledge all our moms do for us. Make sure you thank your mom and all the women in your life. Armed Forces Day recognizes the men and women who are currently serving in the military and work tirelessly to defend and protect our freedoms.

Thank a military member for their service. Memorial Day is a day set aside to honor those men and women who sacrificed their lives for our freedom. Take a moment to think of the ultimate sacrifice they gave for us.

Stay safe and healthy. Sleep well, eat healthy, stay hydrated,  
get some exercise and enjoy life!



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### **TRUSTEES Minutes - March 21, 2023**

Trustees meeting called to order @630. Members present: David, Tom, Chris, Marie.

Absent- Deb

Discussed back door- is operational. David met with locksmith who is looking for parts to repair outside lock.

Bids will be obtained for the parking lot to patch, seal and line. Getting 3 bids. Trustees may do the lines

Kitchen drains- Kaminski snaked drains which are working.. also checked bathrooms.

Refrigerator- have 2 consults out to inspect and offer suggestions

Reviewed trustee duties

Church Mutual Insurance requesting furnace inspection- David will schedule

Trustees will meet Wednesday April 5th @630 to change streamers in sanctuary

Meeting adjourned @ 7 pm

Respectfully submitted—Marie Lowe



# MAY 2023



SUN	MON	TUE	WED	THU	FRI	SAT
	1 Bible Study 7 pm	2	3 Bible Study 10 am Food Link <i>Weylan Paganello</i>	4 Chancel choir 7:15pm <i>Lani Friedhaber</i>	5 <i>Bev Myers</i>	6
7 Worship and Communion 10 am	8 Bible Study 7 pm	9	10 Bible Study 10 am <i>Finley Paganello</i>	11 Sisters In Faith 6pm Chancel Choir 7:15p	12 <i>Patricia &amp; Tom</i>	13
14 Worship 10 am Blanket Sunday Happy Mother's Day	15 Bible Study 7 pm <i>Howard Barracough Jr.</i>	16 Deacons/Trustees 6pm Council 7 pm	17 Bible Study 10 am	18 Bell choir 6pm Ascension Day	19	20
21 Worship 10 am Newsletter Deadline	22 Bible Study 7 pm <i>Floss &amp; Charles</i>	23 <i>Charlotte Perry</i>	24 Bible Study 10 am <i>Flo &amp; Pat</i>	25 Chancel choir 7:15pm <i>Becki Peters</i>	26 <i>Chris &amp; Justin</i>	27
28 Pentecost Sunday - wear "RED" Worship 10 am	29 Bible Study 7 pm Memorial day - Office Closed	30	31 Bible Study 10 am			

St. Paul's United Church of Christ  
11 Washington Street  
Attica, NY 14011

**SP** The Spirit

of St. Paul's United Church of Christ, Village

May 2023

**St. Paul's UCC, 11 Washington Street**

Just around the corner, first block down from Main Street.

**Join us for Sunday Worship at 10:00 am**

*Sunday School for children K-7th Grade - Nursery always open!*

"No matter who you are or where you are on life's journey, you are welcome at St. Paul's."

Reverend Lauran Heidenreich

Call the church at (585-591-2705), [stpaulunited@verizon.net](mailto:stpaulunited@verizon.net) or [pastorucc@verizon.net](mailto:pastorucc@verizon.net)

Website: [atticaucc.org](http://atticaucc.org)

**June Newsletter Deadline**  
**May 21st**

**Please make sure all newsletter submissions are in by this date.** In the pink folder on the office window or e-mailed to:  
[stpaulunited@verizon.net](mailto:stpaulunited@verizon.net)