



For thousands of years, humans built walls for protection. In some cases, the wall separated areas of control, like the border between the USA and Canada. More often, however, the wall was a line of defense against an actual or potential threat. Medieval walled-in cities provided a safe haven in case of siege. The Great Wall of China was planned as a series of fortifications. The Berlin Wall was the most visible symbol of the Iron Curtain.

Some of us try to create walls around our children in an attempt to protect them. If it is a fence that keeps them or their pets from running out into the street or road, it can be a good thing. But eventually that protective wall will fall. At the very least, they will eventually be able to peer over the top of it.

However, not all walls are physical. Laws can establish walls that create haves and have-nots. Silence can create a wall between loved ones. We can wall up our minds or senses from outside influences and even reality. This can be detrimental to our well-being. Such walls are destructive.

No wall has, of yet, stood forever. The walls of Jericho came tumbling down. The Berlin Wall was dismantled. The Iron Curtain passed away. Our children demand their freedom.

Instead of just building walls, we need to do the difficult work of preparing all children of God to be faithful Christians. We need to be faithful examples- for actions often speak louder than words. We should all be able to embody generous Christian values. Then, we will be more prepared to choose wisely in all areas of our lives.

Easter is all about God tearing down the walls of sin and death. Jesus' Resurrection frees us to be children of God. When we embrace Easter joy, we cheerfully take on the responsibility of choosing to be and to serve as Christ's disciples. Then, the Holy Spirit can guide us in the ways of God. It can empower us to spread Easter joy everywhere we go.

On that first Easter morning, Christ burst through the walls of our rocky prison. He set us free to become the people God envisions us to be. We're not to wall up ourselves from the joy of discipleship just because of the cost of discipleship. Jesus commissions us to spread the Good News of God's Reign with both our words and our actions.

Ordination Service- Krista Ulrich

If you've never witnessed an ordination service and would like to: Krista Ulrich will be ordained on Sunday afternoon, March 3, at 3pm at Ebenezer UCC, 630 Main Street, West Seneca.





We Live Streaming to You Tube on 10 am on Sunday morning. <u>www.youtube.com</u> in the box up on the top put in St. Paul's Attica or here is the direct link https://www.youtube.com/channel/UCi2hK62nkmeNAMJwMpchvJw.

It will be posted to Facebook after the broadcast.

Still looking for volunteers to learn and do the sound on a Sunday am. This can be done right at your seat. There is a sample bulletin for you to follow. This the easiest way to help without much training.



On-Line Donations-Do you pay your bills on-line?

Consider adding your monthly church donation to that list. Donations to the church can be set up as recurring transactions. Checks are mailed from the bank to the church and clearly indicate the donor.



UCC One Great Hour of Sharing Offering

One Great Hour of Sharing reminds us that God can bring transformation anywhere. The 2024 One Great Hour of Sharing (OGHS) theme is Share the Light. It's based on Matthew 5:14 "You're here to be light, bringing out God-colors in the world.



UCC OGHS funds provide support that offers hope when situations seem hopeless.

We've provided food, water, medicines, education, and opportunities for sustainable development. We've given aid to those affected by wild-fires, earthquakes, hurricanes, and flooding.

Let's continue to give generously to support this very important ministry.

WANT TO DECLUTTER YOUR HOME?

INSIDE GARAGE SALE March 9th

Pay \$10 for a 6' table and bring your stuff to sell.

Rsvp by calling church by March 4th

Beys Bites will be selling food

This is NOT a rummage sale. Questions? See a Council member.

Pastoral Relations Committee Minutes February 18, 2024

The following committee members present: Beverly Myers, Debbie Best, Laurie Bellucci, Head Deacon, and Pastor Laurie Heidenreich.

The meeting was opened with prayer led by Pastor Heidenreich.

Pastor Laurie reported that when she was away on vacation prior to Chuck Kellogg's passing she was contacted since we did not have someone available to cover emergencies while she is away. She was able, in this case, to contact Chuck's wife, Dorothy, by phone to offer a prayer and talk with her. Dorothy was ok with the phone response. The good news is we now have a backup person to cover in Pastor Laurie's absence.

Harrison Putnam will cover emergencies in Pastor Laurie's absence. Laurie Bellucci has his phone number.

Pastor Laurie reported that she will be on vacation March 4th - March 14th.

The youth trip has been scheduled for July 8 - 14, 2024. They will be traveling to a town near Detroit, Michigan. Next meeting will be May 26th following church.

The meeting adjourned with the Lord's prayer.

Church members and guests are welcome to reach out to any Pastoral Relations Committee member with any concerns.

Respectfully submitted,

Beverly Myers



You're Invited! Maundy Thursday Potluck and Communion- 6pm March 28 Join us for Maundy Thursday worship in the Fellowship Hall!

We'll share a potluck meal and then Communion.

Meet at 6pm with a dish to share!

Good Friday Service—March 29th—12 Noon This year's community service will be at St. Paul's Please plan to attend !



Scrapbooking (or crafting) Days

March 16th and 23rd from 9 a.m. to 9 pm \$40. Half day is \$25

If you want to do both weekends and leave your area set up the cost is \$75 (half days would be \$45)

There will be help to carry in and out your supplies. Breakfast, lunch and dinner will be provided along with snacks and drinks.

Please r.s.v.p. by March 13th to the church at 591-2705.



All proceeds will benefit the youth attending church camp.





He is a force to be reckoned with, averaging 14 points and 12 rebounds a game! Levi is a leader on and off the court and is always there to lend a helping hand to his teammates.



Congratulations Levi -

This is an honor for you to be named Athlete of the Week by the GLOW Academy.

Way to go Levi!

Congratulations to Elizabeth C. Peters on being named to the Dean's List for the Fall 2023 semester at St. John Fisher University. This achievement clearly recognizes your excellent academic performance and is a tribute to your Dedication.





January 21, 2024

New council met after annual meeting.

Officers elected:

President- Mary West Vice President- Laurie Bellucci Secretary- Marie Lowe Head Trustee- David Williman Trustee secretary- Debra Best

Full council meeting February 20, 2024 @7 pm

Thank you to Charles Williman for your years of service to St. Paul's as our Historian. We appreciate all you did for us over the years and look forward to the history of St. Paul's in the future to our new Historian. Thank you again Charles.



December 21, 2023

The Deacon's briefly met.

We went over the Layreaders, Usher's and Greeters for the month.

Briefly discussed Christmas service regarding candles, candle lighters.

Thanked Lisa Neary and Marilyn Wilson for serving as a Deacon for the past 3 years.

Sincerely, Lorraine Wolf Secretary

> We would like to introduce our new Historian of St. Paul's. Jimmy Neary will be taking over for Charles as our Historian. We appreciate you coming forward and volunteering for your church. We look forward to hearing from you in our Newsletter. Jimmy's email is: jeneary24@outlook.com.





March Parish Notes

March- spring forward to daylight savings time. Also spring forward with your health plans. The changing of the clocks-"spring forward "- can lead to sleep disruptions. One way to ease this is to slowly shorten your sleep time . Do it slowly by 15 minutes a night over a week prior to time change.

March is also Colorectal Cancer Awareness Month. If you've not had a colonoscopy or stool test, call and schedule. There are at home tests if you do not want to do a colonoscopy. Early detection is crucial for treatment plans. Any change in bowel habits need to be investigated. Call your PCP for a test.

Nutrition month is also in March. It is important to eat balanced meals which include fruits and vegetables- at least 3-4 servings daily. If you or your family do not like to eat veggies, try putting puréed veggies in stews, sauces and soups. There are many vegetable and fruit drinks you can also try. Try to decrease your intake of fatty and fried foods. Limit sweets- it is hard to do! Increase your water intake and decrease your caffeine intake.

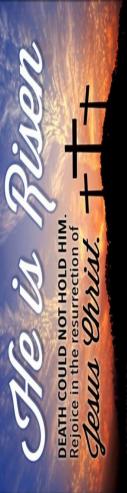
Your kidneys work very hard to filter your system. Staying hydrated keeps kidneys functioning well. Kidney Awareness draws attention to good kidney health. You can check the kidney function with simple blood tests. Ask your PCP to check your kidney function at your next visit.

Remember to eat healthy, get some exercise, enjoy the sunshine and get adequate sleep. Stay healthy and safe!

2024 EASTE	ER FLOWERS
EASTER LILLIES:	<u> </u>
TULIPS: White Red	\Box Yellow \Box Purple \Box \$8.00
HYANCINTHS: White	Pink □ Purple □ \$8.00
IN HONOR OF:	
IN MEMORY OF:	
NAME:	
	DLINE TO ORDER FLOWERS: wers by to ensure requests: March 3rd

Order flowers by to ensure requests: March 3rd Please make <u>all checks</u> payable to: Laurie Bellucci Payment needed by March 17th

MARCH 2024



SUN	MON	TUE	WED	Тни	Fri	SAT
					1	2 Porter Luce
3 Worship and Communion 10 am	4 Bible Study 7 pm <i>Cbris Eddy</i>	ν	6 Bible Study 10 am Food Link	7 Chancel Choir 7:15 pm	8 Lisa & Jim Neary	9 Inside Garage Sale 9—4 pm
10 Worship 10 am Daylight Savings Time—Set your clocks ahead	11 Bible Study 7 pm	12	13 Bible Study 10am	14 Chancel Choir 7:15 pm Sisters In Faith 6pm <i>Sharon Huynb</i>	15 Linda Hughes	16 Russ Wackenheim
17 Worship 10 am Happy St. Patrick's Day <i>Eric Lovell</i>	18 Bible Study 7 pm Lena Donohue	19 Deacon/Trustees Council mtg 6:30/7pm John Prusak Cris Mahoney	20 Bible Study 10am Happy Spring Michele & Eric Lovell	21 Chancel Choir 7:15 pm	22	23 L <i>i</i> ty Peters
24 Palm Sunday Worship 10 am Newsletter deadline	25 Bible Study 7 pm	26	27 Bible Study 10am	28 Maundy Thursday Potluck 6 pm Chancel Choir 7:15pm	29 Good Friday service 12 noon	30 Tracy O'Neil
31 Happy Easter Sunday Worship & Communion 10am	Happy Easter					

St. Paul's United Church of Christ 11 Washington Street Attica, NY 14011



Mjarch 2024

St. Paul's UCC, 11 Washington Street Just around the corner, first block down from Main Street. Join us for Sunday Worship at 10:00 am

Sunday School for children K-7th Grade - Nursery always open!

"No matter who you are or where you are on life's journey, you are welcome at St. Paul's." Reverend Lauran Heidenreich Call the church at (585-591-2705), stpaulunited@verizon.net or pastorucc@verizon.net **Website:** atticaucc.org



Please make sure all newsletter submissions are in by this date. In the pink folder on the office window or e-mailed to: stpaulunited@verizon.net